

NORTH CAROLINA DEPARTMENT OF PUBLIC SAFETY

Alcoholism and Chemical Dependency Programs

Black Mountain Substance Abuse Treatment Center for Women

MEDICAL SERVICES

The following outlined protocols are presented as a general medical guideline for participation and admission to the program, but should not be considered as all-inclusive. Where there is doubt concerning a candidate's appropriateness for the Black Mountain Substance Abuse Treatment Center for Women we encourage you to call and consult with ACDP about the individual circumstances surrounding a referral.

Medical Staff

Black Mountain Substance Abuse Treatment Center for Women contracts for on-site medical services with a Physician and Psychiatrist, accompanied by a Registered Nurse. Primary medical services are minimally provided five days a week. Medical staff remains on call 24/7 for medical emergencies.

Medical Limitations

Black Mountain Substance Abuse Treatment Center for Women is equipped to treat individuals with minor medical problems such as colds, skin rashes, fungal infections etc, and to provide medical services for minor injuries and illnesses which may occur during their stay here. Black Mountain Substance Abuse Treatment Center for Women is further equipped to medically manage more serious conditions as long as the resident is on a stabilizing medical regimen upon arrival at the Black Mountain Substance Abuse Treatment Center for Women. **All such referrals should bring a full supply of medications with them, up to the 90 Days of expected treatment participation.**

Three primary areas of concern are taken into consideration in assignment to the facility, and are discussed as follows:

I. Debilitating Factors: the individual has a pre-existing condition that severely limits minimal participation in program activities or requires intense, personal, "around the clock" care or assistance (i.e. hospital care and/or outpatient treatment with follow up.)

a) Resident requires **intensive detoxification**. The Black Mountain Substance Abuse Treatment Center for Women does not have a dedicated detoxification unit. Gradual detoxification from alcohol and addictive drugs can be accomplished under medical supervision whenever a clinical decision is made that a resident is manifesting withdrawal symptoms (i.e. offender is an intermittent heavy user and/or has been drug and alcohol free for at least two weeks prior to admission and with no significant physical symptoms). Offenders requiring **intensive detoxification** (i.e. offender has been a heavy user for an elongated period with no significant break in usage up to time of admission), requiring hospital accommodations/monitoring, are not appropriate for assignment to the center.

b) Black Mountain Substance Abuse Treatment Center for Women is an 'abstinence-based' substance abuse treatment program. If a resident requires a *narcotic* regimen to control chronic pain, a substitute of a non-narcotic pain reliever may be provided.

c) Resident has any condition requiring hospital care or immediate medical care outside the *scope of services* provided by Black Mountain Substance Abuse Treatment Center for Women (i.e., injuries requiring immediate x-ray, critically high blood pressure, critical heart conditions, etc.) It should be noted that such critical conditions, will more often than not be exacerbated by the high stress levels created when one is placed in an intense, highly structured treatment environment.

d) Individuals with *pre-existing appointments* with their primary physician or other health care providers should satisfy, postpone or cancel, all such appointments before coming to Black Mountain Substance Abuse Treatment Center for Women. This is an issue of "managed care" that should be met before or after treatment services have been provided.

II. Stabilization: Individuals arriving at the center with diagnosed pre-existing medical/mental health pathology who are in stable condition with prescribed medicines on their person are, with few exceptions, appropriate for Black Mountain Substance Abuse Treatment Center for Women. Primary consideration is given to mobility, cognition, coherency and comprehension when assessment of mental status is made.

a) Medical staff will continue *medical regimens* to maintain medical/mental health stability as prescribed by the individual's primary physician after a full assessment has been conducted by a Black Mountain Substance Abuse Treatment Center for Women physician.
*** Individuals should bring a 90 day supply of prescription medicines with them***

b) *Special accommodations* are made for residents whose medical condition requires a regimen of light duty activities (i.e., resident with history of heart problems and on glycerin regimen will be given light cleaning duties and exempted from strenuous physical activities.)

c) Black Mountain Substance Abuse Treatment Center for Women is a *handicapped accessible* facility. Individuals in wheelchairs who are otherwise able to participate in treatment activities are appropriate for the Black Mountain Substance Abuse Treatment Center for Women.

d) **All individuals are treated with universal precautions.** Individuals with known *HIV/AIDS* are appropriate for Black Mountain Substance Abuse Treatment Center for Women when in a stabilized condition. Where medical costs (medicines) are high every attempt will be made to assist these individuals with community resources.

e) Black Mountain Substance Abuse Treatment Center for Women **does not have a methadone maintenance program or a suboxone program.** Offenders on *methadone maintenance* or *suboxone* will need to be detoxified prior to admission.

III. Cost: Black Mountain Substance Abuse Treatment Center for Women is a residential community-based Substance Abuse Treatment Facility within the Alcohol and Chemical Dependency Programs under the jurisdiction of the Department of Public Safety. Black Mountain Substance Abuse Treatment Center for Women **is not under the jurisdiction of the Division of Prisons.** As such,

medical costs are not assumed by the state for major medical/mental health care. Black Mountain Substance Abuse Treatment Center for Women is **not** required to provide, at cost to the state, extensive, major medical care. All participants should be aware that vision, dental and major health care problems will **not** be addressed at the expense of Black Mountain Substance Abuse Treatment Center for Women or the State of North Carolina. Persons assessed with such conditions will be discharged and referred for hospital care or back to their primary physician.

Black Mountain Substance Abuse Treatment Center for Women health care protocol/policy is as stated above and further includes or exempts the following:

a) Physical exams, to include blood work and urinalyses, are standard protocol for all residents assigned to Black Mountain Substance Abuse Treatment Center for Women and therefore these costs are assumed by the State. Physician ordered CT scan, MRI, medical x-ray, etc are not assumed by the State.

b) Emergency services as needed are assumed by the State. In-hospital stays are not. When a resident is admitted to the hospital, she is discharged from the Black Mountain Substance Abuse Treatment Center for Women and hospital costs are assumed by the resident either through personal or family resources. Individuals at high risk for major medical crises when placed in a new and stressful environment should be carefully considered for alternatives to Black Mountain Substance Abuse Treatment Center for Women

c) Prescription medication costs **may** be assumed by Black Mountain Substance Abuse Treatment Center for Women within limits and in certain urgent situations. Offenders on large amounts of medicine or medicines with high costs must ensure that they bring their supply with them or have the means to pay for refills themselves (i.e. private insurance, cash, etc.)

d) All offenders with **vision and dental care** needs will be referred to local community resources at the resident's expense.

e) Over-the-counter medicines such as non-aspirin pain relievers, non-alcoholic cough syrup (Robitussin), antacids etc. are provided by the facility.

Medications Not Accepted

<u>Brand Name</u>	<u>Generic Name</u>
Ambien	Zolpidem Tartrate
Anexsia	Hydrocodone Bitartrate/Acetaminophen (APAP)
Ativan	Lorazepam
Avinza	Morphine Sulfate
Combunox	Ibuprofen/Oxycodone
Dalmane	Flurazepam
Darvocet A500	Propoxyphene/APAP
Darvocet N	Propoxyphene/APAP
Demerol	Meperidine HCL
Dilaudid	Hydromorphone HCL

Doral	Quazepam
Duragesic	Fentanyl
Halcion	Triazolam
Imitrex injectable (?)	Sumatriptan
Kadian	Morphine Sulfate
Klonopin	Clonazepam
Librium, Librax	Chlordiazepoxide
Lorcet	Hydrocodone/APAP
Lortab	Hydrocodone/APAP
Lunesta	Eszopiclone
Lyrica	
Methadose/Dolophine	Methadone
MS Contin	Morphine Sulfate
MSIR	Morphine Sulfate
Muscle relaxants	e.g. Baclofen, Flexeril (Cyclobenzaprine), Robaxin (Methocarbamol), Soma Compound/Codeine (Carisoprodol/Codeine/Aspirin), Soma Compound (Carisoprodol/Aspirin)
Neurontin	Gabapentin (except as ordered by psychiatrist)
Norco	Hydrocodone acetaminophen
Oramorph SR	Morphine Sulfate
Oxycontin	Oxycodone HCL
Oxyfast	Oxycodone HCL
Percocet	Oxycodone/APAP
Percodan	Aspirin/Oxycodone
Prosom	Estazolam
Provigil	Modafinal
Restoril	Temazepam
Roxicet	Hydrocodone HCL/APAP
Sonata	Zaleplon
Suboxone	Buprenorphine HCL and Naloxone HCL dihydrate
Subutex	Buprenorphine HCL
Tylenol with Codeine	Acetaminophen/Codeine
Tylox	Oxycodone/APAP
Ultram	Tramadol
Valium	Diazepam
Vicodin	Hydrocodone Bitartrate/APAP
Vicoprofen	Ibuprofen/Hydrocodone Bitartrate
Xanax	Alprazolam
Zydone	Hydrocodone Bitartrate/APAP

* Narcotics/controlled medications are too numerous to name them all; therefore other medications not on this list may be prohibited. Please contact BMSATCW if you have questions about medications.